Helen Barden is a Director in the External Affairs team of NorthStandard P&I Club. Helen has been with the Club for over 12 years working in the FD&D team, before moving to External Affairs just over a year ago. Helen has been heavily involved in the Club's decarbonisation work, advising Members on the international regulations, such as the EEXI and ClI regulations, as well as regional decarbonisation legislation, such as the EU Emission Trading System and FuelEU Maritime. Helen advises Members on the interplay between the regulations and the charterparty context and, therefore, assists with drafting clauses for charter parties, ship management agreements, bunker contracts etc to address these issues. Helen was on the BIMCO drafting committee which produced the EEXI Transition Clause for Time Charter Parties, the ClI Operations Clause for Time Charter Parties, the Emission Trading Scheme Allowances Clause for Time Charter Parties and the Energy Efficiency Data Sharing Clause 2025. Helen continues to work with BIMCO to progress clauses that will assist shipowners and charterers with their decarbonisation journeys. Helen's role in External Affairs is to lead on the policy work in respect of maritime decarbonisation and she therefore engages with industry and government on the subject to help influence policy for the benefit of NorthStandard and its shipowner and charterer Members.